



Nestled within the tropical paradise of Westin's Grand Cayman Resort, Nature shares her gift of renewal in the exquisite Hibiscus Spa.

Discover our extensive portfolio of therapeutic, beautifying, pampering and relaxation treatments.

Escape from the ordinary to a magical place of tranquility, to refresh and restore the Mind, Body and Spirit.

You are invited to our retreat... a place for exceptional care, where you relax, rejuvenate and revitalize.

Let Your Spirit Emerge

Hibiscus Spa, located in the tropical paradise of Grand Cayman promotes a total lifestyle approach that encompasses the entire person – body, mind and soul – in order to provide the most complete and beneficial services for their guests. Hibiscus Spa has chosen a complete selection of revitalizing, rejuvenating and beautifying face and body treatments with an exquisite collection of personalized spa skin care with organic essential oils and plant extracts to sustain a blissful sense of well being.

Facials

All of the facials offered by the Hibiscus Spa are 50 minutes in length and include a moisturizing hand treatment. **The Pevonia product line is used for the quality of its botanical ingredients and elimination of artificial colors and fragrances, mineral oil, lanolin, alcohol and paba.**

European Deep Cleansing Facial

Specially formulated products are chosen to purify, nourish, hydrate and tone, to bring back your skin's natural glow. Start with an exfoliating peel that contains papaya and pineapple enzymes, followed by a customized professional ampoule suited for your skin type. This treatment includes a relaxing anti-stress facial massage, and a finishing treatment masque. A truly pampering and luxurious spa experience. Recommended for all skin types.

Luminous "C" & Sea

This rich, orange colored masque, inspired by the natural origin of this highly active vitamin, reduces fine lines, strengthens and tones the skin. Gently removed in one piece, this treatment ensures that your youthful appearance is revitalized and restored. Perfect prior to a special occasion. Includes full deep cleansing facial.

Sunlovers Facial

This treatment consists of a highly concentrated sheet masque rich in aloe-vera and azulene and a highly concentrated botanical ampoule to soothe, cool, and calm irritated skin. Highly recommended after sun exposure. Includes a full gentle deep cleansing facial.

Gentlemen's Facial

This spa treatment safeguards your skin against daily aggressions and combats the signs of aging in-man

Caviar Facial

This facial has a unique ability to deliver the most outstanding and effective anti-aging results, through the use of refined caviar.

De-Stress Eye Treatment

The perfect solution for tired and puffy or wrinkled eye area! Molding sheets containing all botanical ingredients, calm and soothe away puffiness or wrinkles. Strongly recommended for jet-lagged and fatigued travelers. This treatment can easily be incorporated into your facial or massage treatment.

Massages

Our Therapists are skilled in Deep Tissue, Swedish and Aromatherapy.

Half Session	25 minutes
Full Session	50 minutes
Deluxe Session	80 minutes

Four Handed Massage

Dissolve into the touches of two of our incredible therapists as they simultaneously massage away all stress.

Aromatherapy Massage

Pure essential oils help to relieve tension and detoxify the body. The final indulgent touch to any massage.

Swedish

Relaxing massage using long flowing strokes

Deep Tissue

A more specific massage treatment using therapeutic techniques and deeper pressure to alleviate pain.

Reflexology

Pressure point massage that balances and stimulates circulation, and compliments any massage treatment.

Hot stone

Using warm stones for a tang relaxing massage.

Scalp Treatment

Deeply relaxing and revitalizing massage focused on the scalp and neck, and enhanced by stimulating essential oils. An indulgent treatment alone or add to any treatment for intensified relaxation.

Body Treatments

All body treatments are 50 minutes in length.

Papaya Body Scrub

For the perfect all over body glow, this treatment is a full body polish using micronized grains of rice, plus papaya and pineapple that has been freshly mixed, to remove dull surface cells. Recommended for all skin, except sunburned skin. Excellent before massage...

Organic Mud Body Wrap

A rejuvenating body treatment that starts with a luxurious application of organic mud followed by a body wrap. "Moor Mud" is an all natural blend of botanical ingredients such as vitamins, minerals, enzymes and essential oils, that soothe tired and fatigued muscles. This treatment includes a 15 minute neck massage. Wonderful for jet-lagged travelers and after sports.

Aloe Vera Soothing Body Wrap

A cooling gel wrap, containing all natural ingredients such as aloe, water lily extract and chamomile, is luxuriously applied over sun-exposed, irritated skin to help decrease discomfort. Cool pads are applied to forehead, and includes a gentle anti-stress scalp massage.

Spa Seaweed Body Wrap

A true gift from the Sea! Experience a true European Spa treatment that is detoxifying, firming and relaxing. You will be wrapped in a Spa blanket to activate the seaweed's rich minerals and vitamins, leaving your skin silky smooth. This treatment includes a 15 minute anti-stress scalp massage.

Spa Manicure and Pedicure

A luxury treatment. Your manicure and pedicure are enhanced by gentle exfoliation, followed by a combination Spa wrap and lingering massage. All done in our hydrotherapy pedicure station with whirlpool jets.

Packages

Couples Only

Enjoy 50 minute massages after 20 minutes of soaking in a private whirlpool in our couples' room.

Caribbean Dream

Papaya Body Polish
Back, Neck and Shoulders Massage

Total Tranquility

Sun Lovers Facial
Aromatherapy Massage
Manicure and Pedicure

7 Mile Escape

Spa Seaweed Body Wrap
Vichy Shower
Full Session Massage
Lunch
European Deep Cleansing Facial
Spa Manicure and Pedicure

Aqua Renewal

Mud Wrap
Vichy Shower
Full Session Massage
Facial

Hibiscus Awakening

Aloe Vera Body Wrap
Vichy Shower
Full Session Massage
Lunch
Spa Manicure and Pedicure

AMENITIES

For your comfort and convenience, we will provide you with a locker, robe and slippers. We also offer grooming amenities such as our scented shampoo, conditioner and shower gel in addition to body lotion, combs, deodorant and dryers.

BEFORE YOUR SPA TREATMENT

We encourage you to allow sufficient time to fully enjoy the Spa facilities. Begin your Spa experience by showering with our delightfully scented shower products followed by relaxation in the steam room or sauna.

TREATMENT SUGGESTION

It is recommended that you avoid treatments involving heat and deep pressure if you are pregnant, have high blood pressure, a heart condition, or recent surgeries. It is always advisable to check with your doctor prior to arrival. Prior to a facial, it is beneficial to utilize the steam room or sauna, and men should shave. Please do not shave 24 hours before an exfoliation treatment. We will make every attempt to honor your requests for male or female massage therapists, however we cannot guarantee availability. You will be professionally draped for your treatment so please feel comfortable to undress completely when changing into your robe.

Westin Grand Cayman Resort Spa and our guests would like the Spa environment to be relaxing and soothing. Please respect the right to privacy and a quiet atmosphere for all guests.

Drink plenty of water to keep your body hydrated. Allow at least one hour between your last meal and your treatment. Limit the consumption of coffee or alcohol prior to a massage or other body treatment.

CANCELLATION POLICY

If you must cancel or reschedule an appointment, please give a minimum six-hour notice as a courtesy to other guests and our therapists. Cancellations with less than 6 hours of the treatment time will be billed at 50% of the service. No-shows will be billed at the full rate.

Package reservations must be cancelled 24 hours in advance to avoid being charged in full.

Price List for Hibiscus Spa
All prices in CI dollars/15% service charge will be added

	25 minute	50 minute	80 minute
<u>Massages</u>	Upper Back	Full Body	Full Body
Deep Tissue	55	100	150
Aromatherapy	55	100	150
Swedish	55	100	150
4 Handed		180	
Hot Stone			180
Scalp	55		
Reflexology or Foot	55		
<u>Facials</u>			
European Deep Cleansing Facial	100		
Luminous C & Sea	100		
Sun Lovers (oxy-vital)	100		
Gentlemen's	100		
Caviar	150		
De-Stress Eye Treatment	40		
<u>Body Treatments</u>			
Papaya Body Polish	100		
Organic Mud Wrap	110		
Spa Seaweed Body Wrap	110		
Green Coffee Wrap	110		
Aloe Wrap	110		
Sauna & Steam	25		
Vichy Shower	45		
<u>Nails</u>			
Manicure	30		
Spa Manicure	40		
Pedicure	40		
Spa Pedicure	50		
French Polish	Add 5		
Polish Change	20		
<u>Waxing/Tinting</u>			
Bikini (regular)	30		
Bikini (Brazilian)	55		
Full Leg	55		
Half Leg	35		
Eyebrow or Upper Lip or Chin	20		
Back	55		
Arm	35		
Underarm	30		
Eyelash or Brow Tint	25		
<u>Packages</u>			
Couples Only	210		
Caribbean Dream	140		
Total Tranquility	245		
7 Mile Escape	349		
Aqua Renewal	280		
Hibiscus Awakening	295		