





# FERDINAND'S

CARIBBEAN CAFÉ

Columbus discovered the Americas when he landed on a small island in the Bahamas in 1492. He made four voyages to the new world and on his final voyage, he and his younger son, Ferdinand, explored the Western Caribbean and the coast of Central America searching for a passage west to Asia. On the voyage, they navigated two of their ships past the Cayman Islands and the scenic shoreline that is now the beachfront home of Ferdinand's. As you enjoy your meal, you can imagine the explorers' ships on the turquoise sea.


## SALADS

<b>Field Green Salad with Chia Seeds</b>  10	<b>Caesar</b> 12
<i>Chopped greens, beets, fennel and fresh herbs, goat cheese, tomatoes, lemon honey vinaigrette</i>	<i>Romaine lettuce, parmesan cheese, garlic focaccia crouton, marinated white anchovy</i>
<b>Heirloom Tomato and Compressed Watermelon Salad</b>  12	<i>Add Shrimp or Chicken +6</i>
<i>Feta cheese, mint, lime, Cayman sea salt, balsamic glaze</i>	<i>Add Mahi or Grilled Skirt Steak +12</i>
	<b>Cobb</b> 16
	<i>Tomatoes, maytag blue cheese, chicken, bacon, cucumber, egg, avocado, blue cheese dressing</i>

## SOUPS

<b>Chicken and Andouille Gumbo</b> 9	<b>Chicken Noodle</b> 8
<i>White rice, scallions</i>	<i>Egg noodles, celery, carrots, leeks, herbs</i>
<b>Cayman Conch Chowder</b> 10	
<i>Tortuga rum, conch sausage, potatoes, tomato</i>	

## ISLAND FAVORITES

<b>Grilled Jerk Chicken Quesadilla</b> 16	<b>Island Crab Cake</b> 16
<i>Corn and black bean salsa, pepper jack and cheddar cheese, house made guacamole, pickled jalapenos, sour cream, hot sauce</i>	<i>Lump crab, greens, chipotle lemon aioli</i>
<b>Garlic Shrimp with Lemon</b>  18	<b>Island Ceviche</b> with Market Greens 14
<i>Avocado, tomato, arugula</i>	<i>Coconut, local seasoning peppers, shallots, ginger, lime</i>
<b>Spiced Old Bay Chicken Wings</b> 12	<b>Cayman Shrimp Cocktail</b> 18
<i>Hot sauce, lime, Worcestershire, smoked garlic dip blue cheese dressing, celery, carrots</i>	<i>Chilled jumbo shrimp, avocado, key lime, spiced cocktail sauce</i>
<b>Shrimp or Fish Tacos</b> 18	<b>Moules Frites</b> 16
<i>Pico de gallo, lime crema, jalapenos, cole slaw, cilantro, pickled red onions, lime, flour tortilla</i>	<i>Cape Cod mussels, leeks, shallots, white wine, garlic crostini, fries, smoked aioli</i>
<i>Add: lump crabmeat +5 Caribbean lobster +10</i>	<b>Poutine</b> 14
	<i>French fries, shredded braised short ribs, truffle cheese sauce</i>
	<i>Add: sunny side up egg +2/seared foie gras +14</i>

## BURGER, SANDWICHES & FLATBREAD PIZZAS

<b>Grilled Black Angus Burger</b> 16	<b>Avocado Toast with Lump Crabmeat</b> 14
<i>Half pound of certified angus beef, sesame or whole wheat bun, lettuce, tomato, onion, pickle</i>	<i>multi grain bread, local greens, heirloom tomatoes, jalapeno, radish, herbs</i>
<i>Choice of American, Swiss, blue or pepper jack cheese</i>	<b>Serrano Ham and Gruyere Tartine</b> 12
<i>Add: bacon, jalapenos, red onion marmalade or mushrooms +1</i>	<i>toasted brioche, frisse salad, tomato, sunny side up egg</i>
<i>Add: sunny side up egg +2/seared foie gras +14</i>	<b>Grilled Chicken Caesar Wrap</b> 14
<b>Grilled Cheesesteak Sandwich</b> 18	<i>Hearts of romaine, marinated white anchovy, garlic breadcrumbs, parmesan, tomato, spinach tortilla</i>
<i>Skirt steak, aged provolone, pickled onions, tomato roasted garlic mayo, arugula, ciabatta</i>	<b>Margherita Pizza</b> 13
<i>Add bacon, jalapenos, banana peppers, sautéed mushrooms, pickles +1 each item</i>	<i>House made pizza sauce, mozzarella, parmesan, basil</i>
<i>Add sunny side up egg or truffle cheese sauce +2 each</i>	<i>Add pepperoni, mushrooms, onions, olives, anchovies, broccoli +1 each item</i>
<b>Turkey Club Sandwich</b> 14	<b>Grilled Truffled Flatbread Pizza</b> 14
<i>Toasted 7 grain bread, bacon, avocado, Swiss cheese, lettuce, tomato, herb mayo</i>	<i>Fontina, parmesan, mozzarella, boursin, spinach, caramelized onion, truffle essence</i>
<b>BLT and Avocado Grilled Cheese Sandwich</b> 14	<i>Add: sunny side up egg +2</i>
<i>Farmhouse cheddar, sourdough bread, garlic mayo</i>	

## MAIN COURSES

<b>Grilled Atlantic Salmon</b> <sup>SuperFoodsRx</sup> 24
<i>Arugula salad, hearts of palm, toasted pecans, chipotle strawberry dressing</i>
<b>Sesame Seared Tuna</b> <sup>SuperFoodsRx</sup> 25
<i>Sweet potato, baby spinach, cherry tomatoes with edamame mint aioli</i>
<b>Red Snapper, Cayman sauce</b> 26
<i>Peppers, onions, tomatoes, thyme, rice and peas, callaloo</i>
<b>Pasta Bolognese</b> 20
<i>Bucatini pasta, three meat ragu, parmesan</i>
<b>Tortuga Rum &amp; Mango Pork Ribs</b> 24
<i>Caribbean slaw, jerk sweet potato fries</i>

<b>Steak Frites</b> 34
<i>12 oz. grilled certified New York Strip loin, maytag blue cheese fries, herb butter, cherry tomatoes</i> <i>Add: two eggs sunny side up +4 Caribbean lobster tail MP</i>
<b>Half Jerk Roast Chicken</b> 23
<i>Callaloo, crisp plantains, tropical fruit salad</i>
<b>Organic Farro Risotto</b> <sup>SuperFoodsRx</sup> 25
<i>Mushrooms, pumpkin seeds, kale, herbs, parmesan</i>
<b>West Indies Vegetable Curry</b> 20
<i>Eggplant, tomatoes, green beans, cauliflower, chick peas, tofu, coconut basmati rice, papadum</i> <i>Add curried chicken +7</i> <i>Add curried lamb +10</i>
<b>Truffled Mac and Cheese</b> 18
<i>White cheddar, fontina, gruyere, asparagus, truffle essence</i> <i>Add Caribbean lobster tail MP</i>

## DESSERTS

<b>Sticky Toffee Pudding</b> 10	<b>Tropical Fruit Tiramisu</b> 10
<i>Vanilla ice cream</i>	<i>Mascarpone cream, kahlua syrup, chocolate shavings</i>
<b>Dark Chocolate Mousse</b> 10	<b>Mango Trilogy</b> <sup>SuperFoodsRx</sup> 10
<i>Salted caramel cream, rum chocolate sauce</i>	<i>Mango panna cotta, fresh mango, mango coulis</i>
<b>Caramel Banana Pecan Pie</b> 10	<b>Häagen-Dazs Ice Creams &amp; Sorbets</b> 9
<i>Blueberry compote, fresh berries, chantilly cream</i>	<i>Vanilla, chocolate, strawberry ice cream</i> <i>Mango, raspberry, lemon sorbet</i>

## FRESH BY THE JUICERY

<b>Carrot, honeydew melon, turmeric juice</b> 8	<b>Pineapple, cucumber, mint juice</b> 8
<b>Cucumber, honeydew, cilantro juice</b> 8	<b>Watermelon, basil juice</b> 8

## WINES BY THE GLASS

<b>SPARKLING</b>	<b>ROSE</b>
CAVIT, PROSECCO, ITALY 12	RICKETY BRIDGE 2017, South Africa 9
MARQUIS DE LA TOUR, FRANCE 11	<b>RED</b>
TAITTINGER, FRANCE 22	AVANT-GARDE, PINOT NOIR 2016, California 15
TAITTINGER, PRESTIGE ROSE 23	ALEXANDER vs. THE HAM FACTORY 2013, Spain 16
<b>WHITE</b>	ALTA VISTA, MALBEC 2015, Mendoza, Argentina 10
S.A. PRUM, RIESLING 2016, Mosel, Germany 12	CHATEAU STE MICHELLE, MERLOT 2014, Washington 12
OYSTER BAY, SAUVIGNON BLANC 2017, New Zealand 11	CATENA, CABERNET SAUVIGNON 2015, Argentina 13
LES ROCHES, TOURAINE, SAUV. BLANC 2016, Loire Valley, France 10	14 HANDS, MERLOT-SYRAH-CAB 2014, Washington 12
LA CREMA, CHARDONNAY 2015, Sonoma, California 15	EDMEADES, ZINFANDEL 2014, Sonoma County 15
GAYDA, CHARDONNAY 2016, France 10	PIED A TERRE, CAB. SAUVIGNON 2014, Napa Valley, California 17
CAVIT, PINOT GRIGIO 2016, Veneto, Italy 10	ANTINORI, SANGIOVESE BLEND 2014, Tuscany, Italy 14
Vulcanico, FALANGHINA 2016, Campania, Italy 13	
CAVIT, MOSCATO 2016, Provincia di Pavia, Italy 10	