



FRESH START

Our Superfoods breakfast menu features revitalizing dishes made from powerhouse ingredients rich in nutrients, antioxidants, and delicious taste so you can start your day feeling recharged.

Nuts, blueberries, tomatoes, oats, oranges, soy & yogurt

ESSENTIAL BREAKFAST

Select from our breakfast juices, season's best fruits, freshly baked morning pastries, butter, jams, steaming hot coffee & assorted teas

SUPERFOODS

SuperFoodsRx

- BLUEBERRY BANANA SMOOTHIE**
Soy milk, honey, all natural granola brittle \$6
- STEEL CUT CINNAMON SCENTED OATMEAL**
Sliced banana, pecans, honey drizzle \$7
- SMOKED SALMON WITH TOFU AND AVOCADO**
Toasted bagel, baby greens, grape tomatoes \$13
- EGG WHITE AND BROCCOLI OMELET**
Cheddar, cured roma tomatoes, crisp hashbrowns or spring salad \$12.50
- SPICED SMOKED TURKEY TACO**
Flour tortilla, scrambled eggs, roasted red peppers, pepper jack cheese, salsa, cilantro, oven cured tomatoes \$13.50
- TRUFFLE EGG WHITE FRITTATA**
Asparagus, mushrooms, goat cheese, herbs, spinach, truffle essence \$15

INTUITIVE

- CONTINENTAL**
Orange or grapefruit juice
Coffee or Tazo tea
Yogurt and fresh fruit salad
Choice of 2 breakfast pastries:
Butter croissant; home style muffin; or Danish Pastry
Choice of 2 eggs any style or pancake \$16

REJUVENATING BREAKFAST BUFFET \$25

TWO EGGS ANY STYLE
Choice of breakfast meats, home fried potatoes \$11

EGGS BENEDICT
Toasted english muffin, Canadian bacon, hollandaise \$12

BAKED FRITTATA
Garden vegetables, tomato, broccoli, potatoes \$12

GREEN BREAKFAST BURRITO
Scrambled eggs, turkey sausage, black beans, cheddar, tomato salsa, spinach tortilla \$13

LIQUIDS

FRESH BREWED EUROPEAN BLEND
or decaffeinated coffee \$2.50

CAPPUCCINO, ESPRESSO OR LATTE \$4.50

2% SKIM OR SOY MILK** \$3

SELECTION OF TAZO TEA \$3

FIJI - NATURAL ARTESIAN WATER 500ML: \$4 1L: \$7

WESTIN FRESH BY THE JUICERY

Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices curated by the experts at the Juicery.

- Carrot, honeydew melon, turmeric juice \$8
Cucumber, honeydew melon, cilantro juice \$8
Pineapple, cucumber, mint juice \$8
Watermelon, basil juice \$8

SIDE ORDERS

Canadian bacon, applewood smoked bacon, breakfast sausage, country cured ham, turkey sausage, broccoli, spinach, grilled tomato, home fried potatoes, hash browns, plantains, callaloo \$4 each

REVITALIZE

DAILY SELECTION OF TROPICAL JUICE \$6

CHILLED JUICE \$4

Orange, grapefruit, tomato, apple, prune, V-8, cranberry

BREAKFAST SALAD

Kale, boiled egg, smoked turkey, avocado, quinoa, tomato, pita, parmesan dressing \$12

AVOCADO & SMOKED SALMON TOAST

Multi grain bread, local greens, heirloom tomatoes \$14

RICOTTA CHEESE & LOCAL HONEY SANDWICH

Toasted raisin bread, flax seeds, fresh berries \$12

HALF GRAPEFRUIT BRULEE

Honey, greek yogurt, cinnamon \$10

BREAKFAST SMOOTHIES

Orange and passion-fruit, mango and papaya, strawberry and banana \$6

SEASONAL SLICED TROPICAL FRUITS AND BERRIES

Mango honey yogurt \$12

CARIBBEAN COCONUT MUESLI

House made granola, dried fruits, fresh berries, coconut milk, greek yogurt \$7

SELECTION OF AMERICAN BRAND CEREALS \$6

BAKERY BASKET OF FRESHLY BAKED PASTRY

Croissant, english muffin, toasted bagel, multigrain, raisin or rye toast \$5
Danish pastry, raisin bran, lemon poppy seed or banana nut muffin \$5

COMFORT

FRENCH TOAST

Orange and vanilla infused brioche bread, warm fruit compote \$10.50

COCONUT FRENCH TOAST

Ginger syrup, pineapple compote, fresh berries \$12

BANANA PANCAKES

Bacon or sausage, walnut butter \$11.50

BLUEBERRY PANCAKES

Bacon or sausage, walnut butter \$11.50

BELGIAN WAFFLE

Strawberry or blueberry compote, chatilly cream \$10.50

CREATE YOUR OWN OMELET

Ham, applewood smoked bacon, sausage, Canadian bacon, swiss, emmental, American, cheddar, carrot, zucchini, bell peppers, broccoli, onions, mushrooms, tomato \$12

ISLAND

SALTFISH AND ACKEE

Callaloo, plantains \$18

HUEVOS RANCHEROS

Egg, toasted tortilla, black beans, queso fresco, chili tomato salsa, avocado \$14

CORNED BEEF HASH

Sunny side up eggs, potatoes, bell peppers, chives \$14

STEAK AND EGGS

6 oz. New York striploin, eggs, grilled tomato, home fried potatoes \$22

All prices are listed in Cayman Island dollars.
16% Service charge will be added to your check.
No smoking inside.

*Consuming raw or undercooked meats, seafood, shellfish, or eggs may increase your risk of food-borne illness.

These nutritional powerhouse foods can help to extend your health span - the extent of time you have to healthy, vigorous & vital

Dr. Stephen Pratt, author of SuperFoods RX: fourteen foods that will change your life.